

Our ref: FOI ID 4505

February 2015

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**NHS South Sefton CCG**

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## Re: Freedom of Information Request

Request/[Response](#):

Please could I have a response to the two questions below,

- 1) How many referrals to psychological therapies have been made in each month since August 2014?

Please see the table below for referrals made to psychological therapies from August 2014 to December 2014

South Sefton CCG	Aug-14	Sep-14	Oct-14	Nov-14	Dec-14	TOTAL for August to December 2014
Referrals Received	471	489	626	606	446	2638
Referrals Received from Secondary Care	14	17	46	27	0	104

- 2) How many mindfulness sessions have been taken up in each month since August 2014?

I have enclosed a link to a recent answer to a parliamentary question on how many mindfulness interventions were prescribed under IAPT in each month since July 2014.

<http://www.parliament.uk/business/publications/written-questions-answers-statements/written-question/Commons/2014-12-03/217098/>

We now want to understand this information on a more localised level.



**South Sefton**  
**Clinical Commissioning Group**

NHS South Sefton CCG does not record this information. Please contact Aintree University Hospital NHS Foundation Trust who may be able to provide this information. Contact details are as follows:

Postal Address: Aintree University Hospital NHS Foundation Trust  
Aintree University Hospital  
Longmoor Lane  
Liverpool  
L9 7AL

Telephone: 0151-529-8878  
Email: [foi.requests@aintree.nhs.uk](mailto:foi.requests@aintree.nhs.uk)