

Our ref: FOI ID 6163

5 January 2016

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## **Re: Freedom of Information Request**

Please find below the response to your recent Freedom of Information request regarding Apple Health Kit or Google Fit with regards to personal health records held by their GP within NHS South Sefton CCG.

Request/[Response](#):

Within the CCG, Is it currently possible for patients to contribute information from their Apple HealthKit or Google Fit to the personal health record held by their GP?

[Yes this is currently possible with standard technology available nationally from Apple and EMIS. It is up to an individual GP practice to decide whether they wish to enable this interface. We are unaware of any interface between Apple and any other types of GP system, or between Google Fit and any GP systems.](#)

If so, how many patients are currently contributing health data from Apple HealthKit or Google Fit to their personal health records?

[NHS South Sefton CCG does not hold this information.](#)

Has the CCG looked into the possibility of integrating data from Apple HealthKit or Google Fit into patients health records in future?

[As part of Shaping Sefton, the use of patient held technology to improve patient outcomes and increase self-management of care is a specific focus. EMIS Patient Access App is in use across the CCG primary care footprint, offering online appointment booking and repeat prescriptions. This mobile app has the ability to link with Apple Health, therefore as usage grows across our population the CCG is committed to exploit the wider benefits this can bring.](#)

Chair: Dr Craig Gillespie  
Chief Officer: Fiona Taylor