

# Is your life affected by dementia?

Alzheimer's Society Sefton can provide you with information and support



We hold a drop in information session at the **Strand By Me** shop unit in Bootle Strand Shopping Centre (opposite Wilkinsons) on the **second Tuesday of each month from 1.30 to 3.30pm**. No appointment necessary.

Come and speak to one of our staff who can support you and your family. We provide lots of information about local services and help you live well with dementia.

Call 01704 539967 or email [southport@alzheimers.org.uk](mailto:southport@alzheimers.org.uk) for drop in dates and further details. We are here to help.