



South Sefton Clinical Commissioning Group
Southport and Formby Clinical Commissioning Group



**Alzheimer's Society Sefton
would like to invite you to our**

'Pop up' Memory Café

**Sefton O.P.E.R.A.
St. Matthews Community 200
410 Stanley Road
Bootle L20 5AE**

**Thursday 4 August 2016
2 - 4pm**

Our Memory Cafes are informal groups where people living with dementia and their carers can get together to share and talk about things that are important to them.

Alzheimer's Society staff will be available to give support and there will be lots of information for anyone with questions about dementia or who is worried about their memory. You can also find out about local services, groups and support.

**No need to book, just come along on the day.
Call 01704 539967 for more information.**

Registered Charity Number 296645, Alzheimer's Society operated in England, Wales and Northern Ireland.

