

# This Easter you can get treatment and advice anytime here...

Self Care

[www.nhs.uk](http://www.nhs.uk)

NHS 111

Pharmacist

- This handy guide from NHS South Sefton Clinical Commissioning Group will help you access the right health advice and treatment over the Easter bank holiday weekend
- Included is some simple advice on what to do and where to go should you or a member of your family become ill and need medical help
- You can also look after yourself by stocking up on over the counter medicines and repeat prescriptions – but don't over order
- Pull this out and keep it in a safe place. This guide will make sure that you're ready and prepared for the bank holiday weekend



GP

GP Out-of-hours

NHS Walk-in Services



**NHS**

For more information visit [www.southseftonccg.nhs.uk](http://www.southseftonccg.nhs.uk)

 @NHSSSCCG

## Get care for illnesses you can't treat yourself close to home here...

Self Care

[www.nhs.uk](http://www.nhs.uk)

## GP and GP out-of-hours

- Your GP is available from 8am to 6.30pm weekdays with same day appointments available if necessary for you or your child
- We're funding more appointments over the winter months when practices are at their busiest
- When the surgery is closed, you can still see a GP with the GP out-of-hours service
- It is very likely that you and your family will be seen and treated more quickly using the out-of-hours service than if you were waiting to see a doctor in A&E, especially at busy times

NHS Walk-in Services

Pharmacist

## Call 111 and get medical advice 24 hours a day here...

- You can still see a doctor if you need to when your surgery is closed by simply calling 111
- You can call 111 when you need medical help fast but it's not a 999 emergency
- NHS 111 is available 24 hours a day, every day of the year
- Calls are free from landlines and mobiles

## Look after yourself this Easter...

### Self Care

- Local pharmacies and [www.nhs.uk](http://www.nhs.uk) offer expert advice on health issues without the need for an appointment
- Make sure you are up to date with your repeat prescriptions from your GP before weekends and bank holidays - but remember not to over order
- Ask your pharmacist about our Care at the Chemist scheme - you'll find a list of participating pharmacies on our website [www.southportandformbyccg.nhs.uk](http://www.southportandformbyccg.nhs.uk)
- Stock up on over the counter medicines before the Easter bank holiday to treat:
  - Headaches
  - Indigestion
  - Coughs
  - Fever
  - Sore throats

## Get answers to hundreds of health questions here

[www.nhs.uk](http://www.nhs.uk)

- Find GPs, pharmacies and dentists in your area
- The largest health website in the country
- Information about hundreds of health issues
- Includes a symptom checker that offers advice if you have a health problem

## Walk-in and receive treatment 365 days of the year here...

### NHS Walk-in and Urgent Care Centres

- No need for an appointment
- The walk-in service treats minor illnesses and injuries that do not need a visit to accident and emergency
- All ages can get treatment here
- No matter where you live in Sefton, you can simply drop-in without an appointment, early till late most days

#### Litherland Walk-in Centre

Litherland Town Hall Health Centre, Hatton Hill Rd,  
Litherland L21 9JN Tel: 0151 475 4667  
Open 8am-8pm everyday  
including Good Friday and Easter Monday

#### West Lancashire Urgent Care Centre

Ormskirk Hospital, Wigan Road,  
Ormskirk, L39 2AZ.  
Open 8am-8pm everyday  
including Good Friday and Easter Monday

#### Skelmersdale Walk-in Centre

The Concourse,  
Skelmersdale, WN8 6LJ  
Open 8am-8pm everyday  
including Good Friday and Easter Monday

# You don't need to book an appointment here...



Self Care

[www.nhs.uk](http://www.nhs.uk)

**Pharmacists are highly qualified healthcare professionals who offer free, expert and confidential advice on a range of health issues, including what medicines are best to treat minor ailments such as coughs, colds, tummy troubles and teething pains.**

## Pharmacist

- **Friendly, confidential, expert advice and treatment of everyday health issues**
- **Local, in your community**
- **Open early till late, no appointment needed**

- **Some other chemists may be open over the Easter bank holiday weekend but you can rely on the below opening times for pharmacies in your area**

Pharmacy	Telephone	Good Friday	Easter Sunday	Easter Monday
<b>South Sefton Pharmacy Opening Times</b>				
<b>Alexanders Pharmacy Ltd</b> 49 – 51 Stuart Road, Crosby, Liverpool, L23 0RY	0151 928 1457	Closed	12:00pm to 2:00pm	Closed
<b>Asda Pharmacy</b> 81 Strand Road, Bootle, Liverpool, L20 4BB	0151 955 4110	9:00am to 6:00pm	Closed	9:00am to 6:00pm
<b>Asda Pharmacy</b> Asda Superstore, Ormskirk Road Aintree, Liverpool, L10 3LN	0151 520 2921	9:00am to 6:00pm	Closed	9:00am to 6:00pm
<b>Boots Pharmacy</b> The New Strand, Bootle, Liverpool L20 4SX	0151 922 1006	8:30am to 5:30pm	Closed	Closed
<b>Boots Pharmacy</b> Liverpool Road, Crosby, Liverpool L23 5SF	0151 924 4338	9:00am to 5:30pm	Closed	Closed
<b>Boots Pharmacy</b> 35 Seaforth Road, Bootle, Liverpool L21 3TX	0151 928 3733	Closed	2:00pm to 4:00pm	Closed
<b>Cohens Chemist</b> 12-13 The Marian Square, Bootle, Liverpool, L30 5QA	0151 525 9541	Closed	12:00pm to 2:00pm	Closed
<b>Crosby Road Pharmacy</b> 59 Crosby Road North, Waterloo, Liverpool, L22 4QD	0151 928 3169	Closed	2:00pm to 4:00pm	Closed
<b>Day Lewis Pharmacy</b> 5 The Crescent, Bootle, Liverpool L20 0DX	0151 525 2567	Closed	10:00am to 12:00pm	Closed
<b>Kellys Pharmacy</b> 195 Altway, Aintree, Liverpool L10 6LB	0151 526 8140	Closed	12:00pm to 2:00pm	Closed
<b>Lydiate Pharmacy</b> 28 Liverpool Rd, Lydiate, Liverpool L31 2LZ	0151 526 3879	Closed	10:00am to 12:00pm	Closed
<b>Superdrug Pharmacy</b> New Strand, Bootle, Liverpool, L20 4SP	0151 922 6282	9:00am to 5:30pm	Closed	Closed
<b>Southport &amp; Formby Pharmacy Opening Times</b>				
<b>Asda Pharmacy</b> Central 12 Shopping Park, Derby Road, Southport, PR9 0TY	01704 502260	9:00am to 6:00pm	Closed	9:00am to 6:00pm
<b>Boots Pharmacy</b> 131 – 135 Cambridge Road, Churchtown, Southport, PR9 9SD	01704 232464	8.30am to 6.30pm	Closed	Closed
<b>Hillside Pharmacy</b> 72 – 74 Sandon Road, Southport, PR8 4QD	01704 563 364	Closed	10:00am to 12:00pm	Closed
<b>Lloyds Pharmacy</b> St George's Place, Lord Street, Southport, P9 0AF	01704 531046	9:00am to 6:00pm	Closed	9:00am to 6:00pm
<b>Rowlands Pharmacy</b> 15 Chapel Lane, Formby, L37 4DL		Closed	12:00pm to 1:00pm	Closed
<b>Superdrug Pharmacy</b> 10 Eastbank Street, Southport, PR8 1DT	01704 530994	9:00am to 5:30pm	Closed	Closed
<b>Tesco Pharmacy</b> Town Lane, Kew, Southport, PR8 5JH	0345 677 9628	9:00am to 6:00pm	Closed	9:00am to 6:00pm
<b>Whitworth Chemists Ltd</b> 11 Norwood Avenue, Southport, PR9 7EG	01704 509394	Closed	2:00pm to 4:00pm	Closed

GP

GP Out of Hours

NHS 111

## Dental

If you need emergency treatment when your dentist is closed for the holidays you can call **0161 476 9651** from 9am to 9.30pm every day, including weekends and Bank Holidays.