

Our ref: FOI ID 37339

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**NHS South Sefton CCG**

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## Re: Freedom of Information Request

Please find below the response to your recent Freedom of Information request regarding Parkinsons and mental health services within NHS South Sefton CCG.

### Request/Response:

I am writing on behalf of Parkinson's UK to request information about how people with Parkinson's access mental health services from your Clinical Commissioning Group (CCG). Please could you answer the following questions about your CCG's approach? Many thanks in advance.

1. What assessment, if any, has your CCG made on the number of people with Parkinson's accessing mental health services in your CCG area?

NHS South Sefton CCG does not hold this information, you may wish to redirect your queries to NHS England.

[england.contactus@nhs.net](mailto:england.contactus@nhs.net)

2. In your CCG area please state whether people with Parkinson's can access mental health services through each of the following pathways:
  - a. By referring themselves directly

No

- b. By visiting their GP

Any Sefton resident can access mental health services via their GP; this will include people with Parkinson's Disease and other long term conditions.

- c. Their Parkinson's specialist (for example a consultant neurologist, consultant in the care of the elderly or Parkinson's Nurse) referring directly into mental health services

Yes

- d. Mental health professional forming part of a multidisciplinary team for Parkinson's

Yes

- e. Other – please specify

Not applicable

3. Do you currently commission any psychological support or other mental health services specifically for people with neurological conditions? If yes, please state which neurological conditions and the type of mental health support that is commissioned.

NHS South Sefton CCG does not hold this information, you may wish to redirect your queries to NHS England

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4. Does your Parkinson's service have access to any of the following mental health professionals? If yes please outline the pathway for accessing the mental health professional.
- a. Clinical psychologist
  - b. Psychiatrist
  - c. Neuropsychologist
  - d. Neuropsychiatrist
  - e. Other mental health specialist, such as community psychiatric nurse. Please specify which professional.

NHS South Sefton CCG does not hold this information, you may wish to redirect your queries to NHS England.

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5. Does your CCG currently integrate evidence-based psychological therapies for adults with anxiety and depression with a focus on people living with long-term physical conditions or are there future plans to? If yes, please outline which long-term physical conditions can benefit from the therapies.

The National Programme for IAPT is developing an integrated approach which will initially also be of benefit to people with COPD & Dementia.

6. Has your CCG ever taken any action to promote integration across physical and mental health services for people with Parkinson's or do you have future plans to do so? If yes, please provide details of what action has/or will be taken.

NHS South Sefton CCG are committed to commissioning quality services for the residents of Sefton. This includes a commitment to developing a biophysical approach for people with multiple physical comorbidities and mental health. The Mental Health Five Year Forward View for Sefton includes a scheme to improve mental health liaison in acute hospitals.