

Our Ref: FOI ID 40455

11 September 2017

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Re: Freedom of Information Request

Please find below the response to your recent Freedom of Information request regarding maximum BMI restriction on any type of surgery or procedures within NHS South Sefton CCG.

Request/[Response](#):

1. Do you, or have you at any point since 2010, employed a maximum BMI limit above which someone is not allowed to have a procedure? (please specify whether still in force and, if not, when it was introduced and ended)

[NHS South Sefton CCG was established in April 2013 and the policy has been in place since then. We cannot comment prior to this date. The policy is under review at present.](#)

IF YES:

[Yes](#)

2. What is the BMI limit?

[See below as procedure specific](#)

3. To which procedures does this apply (for example, routine hip and knee surgery, breast reduction, cataract removal)- please list all types of procedure where a BMI limit is in force.

[Total Knee replacement BMI must be < 40](#)
[Reduction mammoplasty & apronectomy <25 \(and stable 12 months\)](#)
[Fertility policy BMI range 19- 29.9 before treatment begins](#)

4. How many people have been stopped from having a procedure because their BMI was too high since the restriction came into force? Please also break this information down by calendar year.

NHS South Sefton does not collect this information as referrers may choose not to refer if they have read the policy and understand the limits.