

Our ref: FOI ID 35559

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NHS South Sefton CCG

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Re: Freedom of Information Request

Please find below the response to your recent Freedom of Information request regarding therapy types and mental health care services within NHS South Sefton CCG.

Request/Response:

1. Which of the following individual therapy types do you commission or provide in your area?

- a) Cognitive behavioural therapy
- b) Dialectical behavioural therapy
- c) Family therapy
- d) Dynamic psychotherapy

NHS South Sefton CCG commissions CAMHS service which provides a range of individual therapies decided upon by local clinicians based on presentation, assessment, need and evidenced based delivery. This will include the above therapies.

With regards to Adult Mental Health Services, NHS South Sefton CCG commissions a – c from the early intervention psychosis team.

2. What is your average waiting time for individual therapy of the following types for the following financial years: 2014-15, 2015-16 and 2016-17.

- a) Cognitive behavioural therapy
- b) Dialectical behavioural therapy
- c) Family therapy
- d) Dynamic psychotherapy

NHS South Sefton CCG does not hold this information. You may wish to redirect your query to the Providers

Alder Hey Children's NHS Foundation Trust
Info.gov@alderhey.nhs.uk

Mersey Care NHS Trust
freedomofinformation@merseycare.nhs.uk

3. How many people are currently on your waitings lists for any form of psychological therapy for:
- a) A year or more
 - b) More than six months but less than a year
 - c) Less than six months

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The following questions related to all patient in receipt of mental health care which you commission

4. What was the cost of sending patients to beds outside of the area covered by the CCG in:
- a. 2014-15
 - b. 2015-16
 - c. 2016-17 (up until end of January)

2014-2015	2015-2016	2016-2017
£1,688,629	£1,478,778	£1,636,042

5. What is the number of adult patients sent to beds outside of the area covered by the CCG for:
- a. 2014-15
 - b. 2015-16
 - c. 2016-17 (up until end of January)

2014-2015	2015-2016	2016-2017
35	31	48

6. What is the number of children sent to beds outside of the area covered by the CCG for:
- a. 2014-15
 - b. 2015-16
 - c. 2016-17 (up until end of January)

NHS South Sefton CCG does not hold this information. You may wish to redirect your query to NHS England – Specialised Commissioning

NHS England.
england.contactus@nhs.net

7. Please provide a list of the hospitals to which adults have been sent from your trust this year for:

- a) 2014-15
- b) 2015-16
- c) 2016-17 (up until the end of January)

NHS South Sefton CCG does not hold this information. You may wish to redirect your query to NHS England – Specialised Commissioning

NHS England.
england.contactus@nhs.net

8. Please provide a list of the hospitals to which children have been sent from your trust this year for:

- a) 2014-15
- b) 2015-16
- c) 2016-17 (up until the end of January)

NHS South Sefton CCG does not hold this information. You may wish to redirect your query to NHS England – Specialised Commissioning

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