



Medicines Management Newsletter

Issue 1 - September 2016

Medicines management care home team



Introducing the medicines management care home team, part of CHIP in South Sefton and part of the South Sefton CCG and Southport and Formby CCG medicines management team. We work directly with GP practices, care homes, patients and pharmacies to ensure safe and effective medicines management across Sefton. For more information please contact us at SSCCG.CarehomeReferral@nhs.net

From left to right (back row), Erika Setzu, Christine Marsh, Jenny Johnston (care home lead pharmacist) Chris Barnes, Susan Fryer. Front row from left to right, Mariola Fothergill, Gillian Beardwood (pharmacy technician), Helen Ramsbottom. We also have two other pharmacists Emma Dagnall and Sophie Pradhan and another technician Alain Anderson.

STOPP **START** medication reviews

Screening Tool of Older Peoples (potentially inappropriate) prescriptions

Screening Tool to Alert doctors to Right (appropriate, indicated) Treatment

The medicines management care home team undertake medication reviews on behalf of Sefton GP's for residents in care homes.

Regular medication reviews are important for older people as they are at greater risk of having side effects from medicines due to age related changes in their major organs, altering how drugs work inside the body.

Older people often have multiple complex conditions for which they need to take many medicines leading to an increased chance of drug interactions. The medicines management care home team work in collaboration with patients GP to ensure that patients are on the optimum treatment for their medical condition.

As a result of the review, medication may be stopped, started or changed. The team will arrange to come to the care home to carry out the review initially and then feed back their recommendations to the residents GP for consideration.

Care home staff training

During September the medicines management team will be providing training for care home staff.

There will be an opportunity for discussion and questions around the medicines cycle including:

- Ordering and receiving medication
- Storage of medication
- Recording of medication
- Handling of medication
- Disposal of medication and waste
- Administration of medication



Repeat prescription ordering pilot

Important changes to the way repeat prescriptions are ordered for residents who have a GP involved in this pilot



A new pilot, launched on 1st September, is part of the CCGs medicines waste campaign and aims to improve patient safety as well as cutting the high cost of unused medication in the borough.

Pharmacies and dispensing companies can no longer order repeat prescriptions on behalf of your residents registered with the 19 GP practices participating in the pilot. This means that you will need to order directly from the GP practices for these residents.

All care home managers have been sent a letter and a suggested monthly medication ordering process document which you may find useful. Letters and information leaflets have also been sent out directly to all patients registered with the surgeries involved; so a number of your residents may have received these.

The 19 GP practices involved at this stage are:

- Chapel Lane Surgery
- The Hollies Surgery
- The Village Surgery
- Freshfield Surgery
- Marshside Surgery
- Corner Surgery
- Ainsdale Village
- Trinity Practice
- Kew Surgery
- The Grange Surgery
- Bootle Village Surgery
- Bridge Road Medical Centre
- High Pastures
- Hightown Village Surgery
- North Park Medical Centre
- Park Street Surgery
- 15 Sefton Road
- The Strand
- Thornton Village Surgery

If you have any further queries please contact the medicine management team on 0151 247 7146.



Potential changes to residents prescribed medication

The medicines management team work closely with GP practices to ensure the most cost effective brand of a particular medicine is prescribed and that medicines which should be prescribed by brand for clinical reasons still are. (The generic name of a medication is the name of the active ingredient and the brand is the name given to the medicine by the company who make it)

It is important as care providers that you are aware of these potential changes for residents and therefore we have included a list of changes below.

Please note you would be informed of any change to a residents medicine directly.

The list below shows the potential switches currently happening. Please note that in some cases when a resident is discharged from hospital their medication may be prescribed using a different name. Any changes which occur will be considered by the GP on an individual basis.

We hope this summary of changes is of use to you and your staff.

Current Drug	Switched to
Fluticasone/Salmeterol_Inh 125/25mcg	Seretide 125_Evohaler 125mcg/25mcg
Fluticasone/Salmeterol_Inh 250/25mcg	Seretide 250_Evohaler 250mcg/25mcg
Oxycodone HCl_Tabs M/R - all strengths	Longtec Tabs MR - all strengths
Morph Sulf_Cap M/R - all strengths	Zomorph_Cap MR - all strengths
Morph Sulf_Tab M/R - all strengths	Choose Zomorph Cap MR - all strengths
Fentanyl_Transdermal Patch- all strengths	Mesolar Matrix - all strengths
Tramadol HCl_Tab 50mg M/R	Zydol SR_Tab 50mg
Tramadol HCl_Tab M/R - (100mg, 150mg, 200mg)	Marol_Tab M/R (Teva) - (100mg, 150mg, 200mg)
Tramadol HCl_Cap M/R - all strengths	Maxitram SR_Cap - all strengths
Buprenorphine_Patch (7day) - all strengths	Butec transdermal Patch (7day) - all strengths
Azithromycin 250mg Capsules	Azithromycin 250mg Tablets
Isosorbide Mononitrate MR 60mg Tablets	Monomil XL or Chemydur XL Tablets
Movicol Sachets	Laxido Sachets
Naproxen 500mg e/c Tablets	Naproxen plain Tablets
Venlafaxine MR Capsules - (75mg, 150mg)	Venlafaxine MR Tablets - (75mg, 150mg)

Unused prescription medicines cost your local NHS an estimated £2million every year

This is the equivalent of approximately

- 79 MORE nurses* OR
- 2,000 MORE drug treatment courses for Alzheimer's* OR
- 132 MORE drug treatment courses for breast cancer* OR
- 539 MORE hip replacements* OR
- 2,081 MORE cataract operations*

*Based on average costs



Remember only order what you need and help us make more of your local NHS.

